



WEBS Race For a Cause

May 15-17, 2026


Sanction # NI-2526-068

Hosted by:



100% of net proceeds from this meet will be contributed to the XXXXXXXX in support of their vital work in care, advocacy, and research.

MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR	ENTRY CHAIR
Rob Wahl coach_rob@wsabluefins.com 585-230-4530	Anita Pelletier apelletier1788@gmail.com	Rick Prior officials@wsabluefins.com	Linda Barbeau adminofficial@wsabluefins.com

SANCTION	<ul style="list-style-type: none">Held under the sanction of USA Swimming through Niagara Swimming: NI-2526-068.In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Webster Swim Association, and Webster Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p>Webster Aquatic Center 875 Ridge Road Webster, NY 14580 585-670-1087</p>  <p>Google Maps</p> <ul style="list-style-type: none">50-meter (LCM) pool will be set up as 6-7 lane, 50-meter pool with non-turbulent lane dividers and electronic timing.Water depth: From start end, pool depth is 15' at 1 meter and 5 meters. From turn end, pool depth is 4' at 1 meter and 5 meters.The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.Lane(s) will be available for continuous warm-up and cool down.Swimmers will sit with their teams on the pool deck.All patrons are asked to park in designated spots only. Parking on the grass or in the fire lane striping is prohibited at all times. <i>Illegally parked vehicles, including vehicles in handicapped spots without valid permits, may be towed at the owner's expense.</i>
HOST SITE	<ul style="list-style-type: none">A Hosted Meet Page has been created for this meet. Please visit this site to access the event file, session reports, psych sheets, seating assignments, results, team scores and other meet-related updates.
ENTRY DEADLINE	<p>May 5, 2026 at 10 pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Entry Coordinator. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>

SCHEDULE					
	Date	Session #	Session Info	Warm-up start	Event start
	May 15, 2026	1	All Ages Timed Finals	5 pm	6 pm
	May 16, 2026	2	13 & Over Prelims 11-12 Prelims 10 & Under Timed Finals	8:30 am	9:30 am
		3	11 & Over Finals	4:00 pm	5:00 pm
	May 17, 2026	4	13 & Over Prelims 11-12 Prelims 10 & Under Timed Finals	8:30 am	9:30 am
		5	11 & Over Finals	4:00 pm	5:00 pm
	<ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received. 				
ELIGIBILITY	<ul style="list-style-type: none"> Open to all registered USA Swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302. 				
DISABILITY SWIMMERS	<ul style="list-style-type: none"> NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. 				
TIMING SYSTEM	<ul style="list-style-type: none"> Automatic timing will be used. 				
COACHES MEETING	<ul style="list-style-type: none"> There will be a virtual coaches' meeting. Link will be provided to participating teams. All participating coaches are responsible for all information disseminated at the meeting. A recording of the meeting will be made available for those that cannot attend. 				
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used. The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. It is the swimmer's responsibility to make such arrangements prior to the 				

	start of the meet. If assistance is needed, please reach out to the Meet Director.
EVENT RULES	<ul style="list-style-type: none"> • Sessions will be capped to ensure a manageable daily timeline and maintain overall meet efficiency. Entries will be accepted on a first come basis until the meet is full. • 10&U events are Timed Finals. 11&O events in their respective sessions are swum as prelims sessions and finals except when otherwise noted as timed finals. All relays are timed finals. • Deck entries for athletes already entered in the meet may be allowed if there is room in empty lanes. • Swimmers may enter and swim no more than 3 individual and 1 relay events per day, and no more than 7 individual events for the meet. • Age on the first day of the meet determines eligibility. • Please use a "coach's custom time (LCM)" in lieu of "NT" for proper seeding. • All or part of the meet may be live streamed to the video scoreboard or internet.
SEEDING	<ul style="list-style-type: none"> • The meet will be seeded following USA Swimming seeding rules. • All times must be submitted as Long Course Meters times or converted SCY times. • To minimize empty lanes, scratches will be accepted until 5/13 at 9pm. • The meet is pre-seeded except for positive check-in events. It is the swimmer's responsibility to be at the blocks when their event and heat are called. • Positive check-in events may be seeded and swum together. • All timed final and prelim events will be swum slowest to fastest with the exception of the 13 & Over 400 Freestyle events in Session 2, which will be swum fastest to slowest. • The Meet Director reserves the right to combine events of 200 meters or longer. • Finals will be comprised of a B (Consolation) Final followed by an A (Championship) Final for each event competed. • The top 12 after scratches from prelims for 11-12, 13-14, and 15-Over will swim at Finals. Alternates will be utilized from 13th and 14th places. There will be a 30-minute scratch deadline after results are announced. • Final heats may be combined. Final heats will be paraded out with music, time permitting.
POSITIVE CHECK IN	<ul style="list-style-type: none"> • All Friday events will require positive check-in by 5:15 pm. • All Saturday & Sunday events will be pre-seeded with the exception of the 400 Freestyle events which will be deck seeded with positive check-in required by 9:00 am.
SCRATCHES	<p>Niagara Swimming's SCRATCH RULE (POLICY 340) will be used:</p> <ul style="list-style-type: none"> • <u>Scratches must be made by a coach</u>; swimmers may not scratch themselves from an event. • Swimmers will advance to the final's session in each prelim/finals event. Any swimmer initially qualifying prior to scratches, for a final's session race in an individual event who fails to compete in that race will either be: <ul style="list-style-type: none"> ○ Barred from further competition in the meet, or ○ Assessed a \$50 fine, payable to the host. If the race falls on the last day of the meet on which the swimmer is entered, the swimmer or team will be fined \$50 by Niagara LSC if failure to show. <p>Exceptions for failure to compete – no penalty shall apply if:</p> <ul style="list-style-type: none"> • The Referee is notified in the event of illness or injury and accepts proof of the same. • The swimmer qualifying for a Bonus Consolation(s), Consolation or Championship Final heat formally scratches from the finals within thirty (30) minutes after announcement of the qualifiers for finals. • It is determined by the Referee that failure to compete is caused by a circumstance beyond the control of the swimmer.

WARM-UP	<ul style="list-style-type: none"> The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers in all areas throughout the duration of the meet and cleaning up the team area. Cooperation with the request of a Meet Marshal is expected. The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway and balcony area. Any swimmer found in an area designated out-of-bounds will be barred from participating in the remainder of the meet.
SCORING	<ul style="list-style-type: none"> There will be no scoring at this meet.
AWARDS	<ul style="list-style-type: none"> There will be no awards given at this meet.
PROGRAMS	<ul style="list-style-type: none"> Programs will be provided for coaches and officials and will be made available electronically to spectators on the Hosted Meet Page.
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> None.
OFFICIALS	<ul style="list-style-type: none"> Officials interested in volunteering should contact Steve Paulus (officials@wsabluefins.com) and RSVP on TeamApp. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups. A google form will also be available for officials to use to sign up outside of the Niagara LSC.
TIMERS	<ul style="list-style-type: none"> Participating clubs are expected to provide timers for sessions 2, 3, 5 and 6. WEBS will provide timers for finals sessions 1, 4, and 7. Swimmers in prelims of the 400 freestyle on Saturday are expected to provide their own timers. Swimmers must provide their own counters for the 800 and 1500 Freestyle events.
ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries should be submitted by email to adminofficial@wsabluefins.com Include in the subject of the email, "WEBS Race for a Cause - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. Include in entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The entry chair will acknowledge receipt by return email within 24 hours. If acknowledgment is not received in a timely manner, please contact the Meet Director. Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.

ENTRY FEES	<p>Per Swimmer Surcharge: \$10 Relay event fee: \$15 Individual event fee: \$7</p> <ul style="list-style-type: none"> Make checks payable to Webster Swim Association and mail to the following address: Webster Swim Association Treasurer P.O. Box 262 Webster, NY 14580 Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.
Available Medical Supervision/ Equipment	<ul style="list-style-type: none"> The Webster Aquatic Center (WAC) has lifeguards stationed on the pool deck monitoring the competition and warm up pool. A lifeguard office is located off the pool deck with medical supplies. AEDs are available in the facility.

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Order of Events

All events will be swum in long course meters (LCM).

Breaks may be added or deleted at the discretion of the Meet Director.

Session 1 - Friday Evening

Timed Finals

Girls	Ages	Event Description	Boys
1	12 & Under	200 Individual Medley	2
3	13 & Over	400 Individual Medley	4
5	12 & Under	200 Freestyle	6
7	13 & Over	800 Freestyle	8
9	12 & Under	400 Freestyle	10
11	13 & Over	1500 Freestyle	12

WEBS Race For a Cause
Session 2 – Saturday Morning
13 & Over Prelims

11-12 Prelims, 10 & Under Timed Finals (TF)

Girls	Ages	Event Description	Boys
13	13 & Over	100 Breaststroke	14
29	11-12	50 Freestyle	30
31	10 & Under	50 Freestyle (TF)	32
15	13 & Over	50 Freestyle	16
33	11-12	100 Backstroke	34
35	10 & Under	100 Backstroke (TF)	36
17	13 & Over	200 Backstroke	18
37	11-12	100 Butterfly	38
39	10 & Under	100 Butterfly (TF)	40
19	13 & Over	100 Freestyle	20
21	13 & Over	200 Butterfly	22
41	11-12	50 Breaststroke	42
43	10 & Under	50 Breaststroke (TF)	44
23	13 & Over	50 Breaststroke	24
25	13 & Over	400 Medley Relay (TF)	26
45	12 & Under	200 Medley Relay (TF)*	46
27	13 & Over	400 Freestyle	28

* Events 45/46 will utilize in-water starts from the shallow end.

Session 3 – Saturday Evening
11 & Over Finals

Girls	Ages	Event Description	Boys
27	13 & Over	400 Freestyle	28
13	13 & Over	100 Breaststroke	14
29	11-12	50 Freestyle	30
15	13 & Over	50 Freestyle	16
33	11-12	100 Backstroke	34
17	13 & Over	200 Backstroke	18
37	11-12	100 Butterfly	38
19	13 & Over	100 Freestyle	20
21	13 & Over	200 Butterfly	22
41	11-12	50 Breaststroke	42
23	13 & Over	50 Breaststroke	24

WEBS Race For a Cause
Session 4 – Sunday Morning
13 & Over Prelims

11-12 Prelims, 10 & Under Timed Finals (TF)

Girls	Ages	Event Description	Boys
47	13 & Over	50 Butterfly	48
63	11-12	50 Butterfly	64
65	10 & Under	50 Butterfly (TF)	66
49	13 & Over	200 Individual Medley	50
51	13 & Over	100 Backstroke	52
67	11-12	100 Breaststroke	68
69	10 & Under	100 Breaststroke (TF)	70
53	13 & Over	200 Freestyle	54
71	11-12	100 Freestyle	72
73	10 & Under	100 Freestyle (TF)	74
55	13 & Over	200 Breaststroke	56
75	11-12	50 Backstroke	76
77	10 & Under	50 Backstroke (TF)	78
57	13 & Over	50 Backstroke	58
59	13 & Over	100 Butterfly	60
79	12 & Under	200 Freestyle Relay (TF)*	80
61	13 & Over	400 Freestyle Relay (TF)	62

* Events 79/80 will utilize in-water starts from the shallow end.

Session 5 – Sunday Evening
11 & Over Finals

Girls	Ages	Event Description	Boys
47	13 & Over	50 Butterfly	48
63	11-12	50 Butterfly	64
49	13 & Over	200 Individual Medley	50
51	13 & Over	100 Backstroke	52
67	11-12	100 Breaststroke	68
53	13 & Over	200 Freestyle	54
71	11-12	100 Freestyle	72
55	13 & Over	200 Breaststroke	56
75	11-12	50 Backstroke	76
57	13 & Over	50 Backstroke	58
59	13 & Over	100 Butterfly	60