



37th Annual Webster Pentathlon

December 09, 2023


Sanction # NI-2324-015

Hosted by:



MEET DIRECTOR Rob Wahl Coach Rob@wsabluefins.com 585-230-4530	MEET REFEREE Anita Pelletier apelletier1788@gmail.com	CLUB OFFICIALS CHAIR Dan Rinker officials@wsabluefins.com	ENTRY CHAIR Linda Barbeau adminofficial@wsabluefins.com
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Niagara Swimming: NI-2324-015. In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Webster Swim Association and Webster Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
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FACILITY	<p style="text-align: center;">Webster Aquatic Center 875 Ridge Road Webster, NY 14580 585-670-1087</p>  <ul style="list-style-type: none"> 50-meter pool will be set up as 6-10 lane, 25-yard pool with non-turbulent lane dividers and electronic timing. Water depth: From start end, pool depth ranges from 6'8" to 7'6" at 1 meter and 6'8" to 7'6" at 5 meters. From turn end, pool depth ranges from 6'8" to 7'6" at 1 meter and 6'8" to 7'6" at 5 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Lane(s) will be available for continuous warm-up and cool down. Swimmers will sit with their teams on the pool deck.
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ENTRY DEADLINE	<p style="text-align: center;">December 1, 2023 at 10 pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Entry Chair. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
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SCHEDULE	<table border="1" style="width: 100%;"> <thead> <tr> <th>Date(s)</th> <th>Session #</th> <th>Session Info</th> <th>Warm-up start</th> <th>Event start</th> </tr> </thead> <tbody> <tr> <td rowspan="2" style="text-align: center;">December 09, 2023</td> <td style="text-align: center;">1</td> <td style="text-align: center;">Male & Female 10 & Under Male 11-12</td> <td style="text-align: center;">7:30 am</td> <td style="text-align: center;">8:30 am</td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;">Female 11-12 Male & Female 13 & Over</td> <td style="text-align: center;">12:30 pm*</td> <td style="text-align: center;">1:30 pm*</td> </tr> </tbody> </table> <p>*Subject to change based on end time of morning session</p> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received. 	Date(s)	Session #	Session Info	Warm-up start	Event start	December 09, 2023	1	Male & Female 10 & Under Male 11-12	7:30 am	8:30 am	2	Female 11-12 Male & Female 13 & Over	12:30 pm*	1:30 pm*
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ELIGIBILITY	<ul style="list-style-type: none"> ● Open to all registered USA Swimmers. ● No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> ● NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> ● Automatic timing will be used.
RULES	<ul style="list-style-type: none"> ● Current USA Swimming rules shall govern this meet. ● All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. ● No on-deck USA-S registration is permitted. ● In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. ● Deck changes are prohibited. ● Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ● Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. ● Dive-over starts will be used. ● The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> ● All events are timed finals. ● Deck entries for swimmers already entered in the meet will be at the Meet Director's discretion. ● Swimmers may enter and swim no more than 5 individual events & 1 relay. ● Consider entering swimmers' times with a coach's watch time if no official time is available. ● Age on the first day of the meet determines eligibility. ● All or part of the meet may be live streamed to the video scoreboard or internet.
POSITIVE CHECK IN	<ul style="list-style-type: none"> ● All events will be pre-seeded.
WARM-UP	<ul style="list-style-type: none"> ● The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.

SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers in all areas throughout the duration of the meet and cleaning up the team area. Cooperation with the request of a Meet Marshal is expected. The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway and balcony area. Any swimmer found in an area designated out-of-bounds will be barred from participating in the remainder of the meet. 								
SEEDING	<ul style="list-style-type: none"> The meet will be seeded following USA Swimming seeding rules. 								
SCORING	<ul style="list-style-type: none"> There is no individual or team scoring for this meet. 								
AWARDS	<ul style="list-style-type: none"> Eligibility for awards in each category will be based on swum times. Gender-specific age groups are: 8 and under, 9-10, 11-12, 13-14, and 15-18. <table border="1" data-bbox="386 541 1549 1024"> <tr> <td>All ages:</td> <td> <ul style="list-style-type: none"> Random heat winner prizes </td> </tr> <tr> <td>12 & U age groups:</td> <td> <ul style="list-style-type: none"> Individual Events: 1st – 8th place ribbons for Gold (equal or faster than NI championship time), Silver (equal or faster than NI CQ time and slower than NI championship time), and Bronze (slower than CQ time) categories Relays: 1st – 3rd place ribbons </td> </tr> <tr> <td>All who successfully complete all 5 individual age group events:</td> <td> <ul style="list-style-type: none"> Pentathlon ribbon </td> </tr> <tr> <td>Top 3 males and Top 3 females in each age group with lowest sum total times:</td> <td> <ul style="list-style-type: none"> Special PENTATHLON trophies for the top 3 males and top 3 females in each age group who successfully complete all 5 individual events </td> </tr> </table>	All ages:	<ul style="list-style-type: none"> Random heat winner prizes 	12 & U age groups:	<ul style="list-style-type: none"> Individual Events: 1st – 8th place ribbons for Gold (equal or faster than NI championship time), Silver (equal or faster than NI CQ time and slower than NI championship time), and Bronze (slower than CQ time) categories Relays: 1st – 3rd place ribbons 	All who successfully complete all 5 individual age group events:	<ul style="list-style-type: none"> Pentathlon ribbon 	Top 3 males and Top 3 females in each age group with lowest sum total times:	<ul style="list-style-type: none"> Special PENTATHLON trophies for the top 3 males and top 3 females in each age group who successfully complete all 5 individual events
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PROGRAMS	<ul style="list-style-type: none"> Programs will be provided for coaches and officials and will be made available electronically to spectators. 								
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. 								
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> None 								
OFFICIALS	<ul style="list-style-type: none"> Officials interested in volunteering should contact the Officials Chair listed above. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups. 								
TIMERS	<ul style="list-style-type: none"> Timers will be supplied by the Webster BlueFins. 								

<p>ENTRY PROCEDURES</p>	<ul style="list-style-type: none"> ● Entries should be submitted by email to adminofficial@wsabluefins.com ● Include in the subject of the email, "Pentathlon - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. ● Include in entry email: entry file, report of entries by name, report of entries by event. ● In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). ● Entries directly from individual team members will not be accepted. ● Entries by phone or fax will not be accepted. ● The entry chair will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. ● Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
<p>ENTRY FEES</p>	<p style="text-align: center;">Per Swimmer Surcharge: \$10.00 Relay event fee: \$15.00 Individual event fee: \$5.00</p> <ul style="list-style-type: none"> ● Make checks payable to Webster Swim Association and mail to the following address: <div style="text-align: center;"> Webster Swim Association Treasurer P.O. Box 262 Webster, NY 14580 </div> ● Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. ● Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.
<p>Available Medical Supervision/ Equipment</p>	<ul style="list-style-type: none"> ● The Webster Aquatic Center (WAC) has lifeguards stationed on the pool deck monitoring the competition and warm up pool. A lifeguard office is located off the pool deck with medical supplies. AEDs are available in the facility.

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Order of Events

Session 1 (Morning)

Warm-up starts at 7:30 am. The meet starts at 8:30 am

Female Event #	Event	Male Event #
1	8 & Under 25 Backstroke	2
3	9-10 50 Backstroke	4
---	11-12 100 Backstroke	5
6	8 & Under 25 Breaststroke	7
8	9-10 50 Breaststroke	9
---	11-12 100 Breaststroke	10
11	8 & Under 25 Freestyle	12
13	9-10 50 Freestyle	14
---	11-12 50 Freestyle	15
16	8 & Under 25 Butterfly	17
18	9-10 50 Butterfly	19
---	11-12 50 Butterfly	20
21	8 & Under 100 Individual Medley	22
23	9-10 100 Individual Medley	24
---	11-12 100 Individual Medley	25
26	8 & Under 100 Freestyle Relay	27
28	10 & Under 200 Freestyle Relay	29
---	11-12 200 Freestyle Relay	30

Session 2 (Afternoon)

Warm-up no earlier than 12:30 pm. Session starts no earlier than 1:30 pm

Female Event #	Event	Male Event #
31	11-12 100 Backstroke	---
32	13 & Over Mixed 100 Backstroke	32
33	11-12 100 Breaststroke	---
34	13 & Over Mixed 100 Breaststroke	34
35	11-12 50 Freestyle	---
36	13 & Over Mixed 50 Freestyle	36
37	11-12 50 Butterfly	---
38	13 & Over Mixed 100 Butterfly	38
39	11-12 100 Individual Medley	---
40	13 & Over Mixed 100 Individual Medley	40
41	11-12 200 Freestyle Relay	---
42	13 & Over 200 Freestyle Relay	43